

First study of *Salmonella* in meat in Romania

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Abstract

Introduction: The increasing antimicrobial resistance of *Salmonella* isolates is of major public health concern, but information regarding these aspects is still lacking in Romania. This study focused on a detailed and accurate investigation concerning prevalence, serotypes, and antimicrobial resistance patterns of *Salmonella* strains, isolated from pork and chicken meat, collected from all regions of Romania in 2011.

Methodology: The research was conducted on 650 samples of chicken and pork meat collected from production units and retail markets located in various regions of Romania. A total of 149 *Salmonella* isolates were recovered (22.92%), serotyped, confirmed by PCR, and further tested for antimicrobial susceptibility.

Results: Thirteen *Salmonella* serovars were identified; predominant serovars included Infantis, Typhimurium, Derby and Colindale. Multiple resistance was found in 83.22% (n = 124) of the isolates. The isolates were frequently resistant to tetracycline (80.53%), streptomycin (81.21%), sulfamethoxazole (87.25%), nalidixic acid (65.10%), and ciprofloxacin (42.95%). Additionally, a markedly lower resistance rate was observed for ampicillin (20.81%), chloramphenicol (16.78%), and ceftazidime (11.41%). Among 137 resistant *Salmonella* isolates, 35 different resistance patterns were found.

Conclusion: A high prevalence of *Salmonella* spp. and a relatively high resistance rate to multiple antimicrobials was found. This data indicates that chicken and pork meat could constitute a source of human exposure to multidrug-resistant *Salmonella* and therefore could be considered a potential vehicle of resistant *Salmonella* foodborne diseases. Further actions are needed to successfully implement a national surveillance program for better monitoring of these resistant pathogens.

Key words: *Salmonella*; public health; prevalence; antimicrobial; resistance; food safety

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Introduction

Numerous epidemiological studies have implicated foods of animal origin as major vehicles associated with illnesses caused by foodborne pathogens, which lead to the development of antimicrobial-resistant pathogens [1]. *Salmonella* species are considered to be among the most important foodborne pathogens in the world and salmonellosis is still one of the most widespread foodborne bacterial illnesses in humans, with clinical manifestations ranging from asymptomatic state to severe disease [2]. The majority of infections are associated with the ingestion of contaminated foods such as poultry, beef, pork, eggs, milk, cheese, seafood, fruits, juices, and vegetables [3,4], although most infections caused by multidrug-

resistant *Salmonella* are acquired through contaminated foods of animal origin.

Strains of *Salmonella* that are resistant to antimicrobial agents have become a worldwide public health concern, since resistance in *Salmonella* limits the therapeutic options available to physicians in the treatment of salmonellosis in humans.

Surveillance of antimicrobial resistance in zoonotic bacteria such as *Salmonella* is essential for providing information on the magnitude and trends of resistance in foodborne pathogens in each country, because the resistance prevalence varies widely between and within countries and over time [5]. The use of antimicrobials in one country affects the spread of resistance in others.

Information about the prevalence of multidrug-resistant (MDR) *Salmonella* isolated from chicken and pork meat and about *Salmonella* resistance trends is lacking in Romania. Moreover, little is known about the potential role of meat in the dissemination of MDR *Salmonella*, because very limited research work concerning these factors had been done in our country.

The present study was undertaken to provide baseline data on antimicrobial resistance in *Salmonella* strains isolated from chicken and pork meat in Romania. We reported prevalence, serotypes, and antibiotic resistance patterns of *Salmonella* strains isolated from pork and chicken meat, collected from all regions of the country, in 2011.

Methodology

The study was conducted on 650 food samples, including pork (n = 208) and chicken (n = 442), randomly collected from production units and retail markets in Romania, during the period of January to December 2011.

Salmonella spp. isolation

The isolation protocol followed the steps recommended by the International Organization for Standardization (ISO) 6579 and previously described by Molla and Mesfin (2003) [6]. Briefly, the meat samples (25 g) were previously homogenized in buffered peptone water (225 mL) with a laboratory blender (Stomacher 400, Seward Ltd., Worthing, England) for approximately two minutes. After incubation for 18 to 24 hours at 37°C, 0.1 mL was inoculated in 10 mL Rappaport-Vassiliadis (RV) green broth (LabM Limited, Heywood, England) and incubated for 18 to 24 hours at 42°C. Another 1 mL from the culture obtained was inoculated into 10 mL of selenite cysteine (SC) broth (LabM Limited, Heywood, England) and incubated at 37°C for 18 to 24 hours. From both enrichment broths obtained, 1 mL was streaked onto brilliant green-phenol red-lactose-sucrose (BPLS) agar (Merck, Darmstadt, Germany) and xylose lysine deoxycholate (XLD) agar (Oxoid, Basingstoke, England). Following the incubation at 37°C for 24 hours, presumptive *Salmonella* colonies were characterized by their biochemical properties through slide agglutination using standard protocols. The positive colonies were then identified as *Salmonella* using the Sensititre Automated Microbiology System Aris 2X (Thermo Scientific, Waltham, USA) following the protocol stated by the producer.

Serotyping

The serovar was established with the antisera commercially available, *Salmonella* antisera test group (Denka Seiken Co., Tokyo, Japan), which provides specific agglutinins for each *Salmonella* antigen. The steps were followed in accordance with the protocol mentioned in the test performed.

PCR confirmation

All strains of *Salmonella* spp. were confirmed by PCR, targeting the common sequence *ompC*, using the set of primers previously described by Modaresi and Thong (2010) (F: 5'-ATCGCTGACTTATGCAATCG-3', R: 5'-CGGGTTGCGTTATAGGTCTG-3') [7]. The bacterial DNA extraction followed the basic steps previously described by Yang *et al.* (2008) with a few particularities [8]. Briefly, 150 µL of CHELEX (10%) reactive (BioRad, Berkeley, USA) was added in Eppendorf tubes (1.5 mL) (Ratiolab, Dreieich, Germany). The tubes were subjected to UV sterilization in a microbiological laminar flow, class II to remove any possible contaminants from the manipulation performed earlier. One to two colonies were harvested with a sterile microbiological loop and immersed in the CHELEX reactive. The following extraction temperatures were used: 57°C - 30'; 94°C - 5'. The last step included a high-speed centrifugation (14.000 rotations per minute) for one minute.

The amplification for *ompC* was carried out in a final volume of 25 µL containing 25 pmol of each primer, 12.5 µL of MasterMix (Bioline, London, UK), 4 µL of DNA template, and 6.5 µL PCR water grade (Sigma, Saint Louis, USA). For each experiment, a negative control containing the same reactive except for the DNA template, was used. For the positive control, *Salmonella* Typhimurium ATCC 14028 was used.

The PCR conditions were adjusted for the primers and *Taq*-polymerase used, consisting of an initial denaturation at 95°C for 4 minutes, followed by 35 cycles of denaturation at 95°C for 30 seconds, annealing at 58°C for 30 seconds, and 1 minute at 72°C; the final elongation was performed at 72°C for 5 minutes.

Given the fact that *Salmonella* serovars Typhimurium and Enteritidis are the most common cause of human salmonellosis worldwide, the accurate confirmation of these strains was made by PCR, amplifying specific sequences for *S. Enteritidis* (ENT) and *S. Typhimurium* (STM). This multiplex PCR was selected to insure the accuracy of the results.

For the differentiation of *Salmonella* Typhimurium and *Salmonella* Enteritidis, a multiplex PCR was done, incorporating specific primers for *S. Enteritidis* (ENTF: 5'-TGTGTTTTATCTGATGCAAGAGG-3', ENTR: 5'-TGAACACTACGTTTCGTTCTTCTGG-3' (304 bp), *Salmonella* Typhimurium (STMF: 5'-TTGTTCACTTTTTACCCCTGAA-3', STMR: 5'CCCTGACAGCCGTTAGATATT-3' (401 bp) previously described by Modaresi and Thong (2010) [7]. PCRs were performed in a final volume of 25 µL that contained an optimized PCR mixture: 1 µL of each primer, 12.5 µL of MasterMix (Bioline, London, England), 4 µL of DNA template, and 2.5 µL PCR water grade. The PCR protocol consisted of the following steps: an initial denaturation step of 4 minutes at 94°C; 30 cycles of 30 seconds at 94°C; 30 seconds at 58°C; and 1 minute at 72°C. The final elongation step was performed at 72°C for 4 minutes. For the positive control, *Salmonella* Typhimurium ATCC 14028 and *Salmonella* Enteritidis ATCC 13076 strains were used.

Susceptibility testing

Eleven antimicrobials, some of them generally used in animal and human therapy, were tested on the isolated strains of *Salmonella* using the classical disk diffusion method, according to the guidelines of the Clinical and Laboratory Standards Institute (CLSI) [9]. The isolates were tested against ampicillin (AMP, 10 µg), cefotaxime (CTX, 30 µg), ceftazidime (CAZ, 30 µg), chloramphenicol (CHL, 30 µg), ciprofloxacin (CIP, 5 µg), gentamicin (GEN, 10 µg), nalidixic acid (NA, 30 µg), streptomycin (S, 10 µg), sulfamethoxazole (SMX, 300 µg), trimethoprim/sulfamethoxazole (SXT, 1.25/23.75 µg), and tetracycline (TET, 30 µg). The CLSI breakpoints were applied for the interpretation of the results.

The statistical analysis

The statistical package SPSS Statistics version 19 was used. The differences were considered significant at a p value less than 0.05.

Results

Prevalence of *Salmonella* in chicken and pork meat

A total of 149 *Salmonella* isolates were recovered, representing 22.92% of the samples tested. Out of the 149 *Salmonella* isolates, 48 were from pork samples (32.21%) while 101 (67.78%) were from chicken samples.

Serotyping

All *Salmonella* isolates belonged to the subspecies *enterica* and were serotyped into 13 serovars of *Salmonella enterica* subsp. *enterica*: *S. Infantis* (n = 73), *S. Typhimurium* (n = 19), *S. Derby* (n = 15), *S. Colindale* (n = 14), *S. Rissen* (n = 6), *S. Ruzizi* (n = 5), *S. Virchow* (n = 5), *S. Brandenburg* (n = 4), *S. Bredeney* (n = 4), *S. Calabar* (n = 1), *S. Enteritidis* (n = 1), *S. Muenchen* (n=1), and *S. Kortrijk* (n = 1). Table 1 shows the serotyping results.

Antimicrobial susceptibility

The results of the antimicrobial resistance tests of 149 *Salmonella* isolates are shown in Table 2.

Isolates showing resistance to three or more antimicrobials were classified as multidrug resistant (MDR).

Out of the 149 *Salmonella* isolates, 137 (91.94%) were resistant to at least one antimicrobial agent (single type of resistance), while 124 (83.22%) were considered to be MDR. The categories of antimicrobial agents tested included β-lactams, phenicols, tetracyclines, aminoglycosides, sulfonamides, and quinolones.

Resistance to tetracycline (80.53%), streptomycin (81.21%), sulfamethoxazole (87.25%), nalidixic acid (65.10%), and ciprofloxacin (42.95%) were most often observed. Markedly lower resistance rates were observed for ampicillin (20.81%), chloramphenicol (16.78%), and ceftazidime (11.41%). A small percentage of the isolates demonstrated resistance to gentamicin (0.67%), and no cefotaxime resistance was detected in any of the isolates.

The resistance to multiple antimicrobial agents was predominantly seen in serovars *Infantis*, *Colindale*, *Derby* and *Typhimurium*. Among the 19 *S. Typhimurium* isolates, 11 were MDR, all of them showing resistance to more than five antimicrobials (Table 3).

MDR was seen in 64.58% of the pork isolates and in 92.07% of the chicken isolates. Among 137 resistant *Salmonella* isolates, 35 different resistance patterns were found, and most of them were represented by five strains. More than 37% of the isolates showed resistance to five antimicrobials, while 22.8% were resistant to six antimicrobials. Two isolates (one isolate of *S. Colindale* from pork and one chicken isolate of *S. Typhimurium*) were resistant to eight antimicrobials, the highest number of resistant traits shown by the isolates. Antimicrobial resistance patterns exhibited by *Salmonella* isolates are presented in Table 3.

Table 1. Serotype of *Salmonella* isolates

Serotype	No.	%
Infantis	73	70.87
Typhimurium	19	18.45
Derby	15	14.56
Colindale	14	13.59
Rissen	6	5.83
Ruzizi	5	4.85
Virkow	5	4.85
Brandenburg	4	3.88
Bredeney	4	3.88
Muenchen	1	0.97
Kortrijk	1	0.97
Enteritidis	1	0.97
Calabar	1	0.97
Total	149	100

Table 2. Antimicrobial resistance of *Salmonella* isolates from chicken and pork meat

Antibiotic	Number of resistant (R) and intermediate (I) susceptibility isolates (%) from:					
	Pork (n = 48)		Chicken (n = 101)		All sources (n = 149)	
	R	I	R	I	R	I
Ampicillin	18 (37.5)	0	13 (12.87)	0	31 (20.80)	0
Cefotaxime	0	0	0	0	0	0
Ceftazidime	7 (14.58)	0	10 (9.90)	0	17 (11.40)	0
Gentamicin	0	0	1 (0.99)	0	1 (0.67)	0
Streptomycin	34 (70.83)	0	87 (86.13)	0	121 (81.20)	0
Sulfamethoxazole	37 (77.08)	0	93 (92.07)	0	130 (87.24)	0
Sulfamethoxazole / trimethoprim	8 (16.66)	0	40 (39.60)	0	48 (32.21)	0
Nalidixic acid	12 (25)	0	85 (84.15)	0	97 (65.10)	0
Ciprofloxacin	4 (8.33)	11 (22.91)	60 (59.40)	20 (19.8)	64 (42.95)	31 (20.8)
Tetracycline	16 (33.33)	0	88 (87.12)	0	120 (80.53)	0
Chloramphenicol	12 (25)	7 (14.58)	13 (12.87)	13 (12.87)	25 (16.77)	20 (13.42)

Table 3. Antimicrobial resistance patterns exhibited by *Salmonella* isolates

	<i>Salmonella</i> serovar	Resistance pattern	No. of isolates (%)
One type of antimicrobial	Typhimurium, Derby, Ruzizi	SMX	7 (5.10)
	Typhimurium	TET	2 (1.45)
	Typhimurium, Brandenburg	S	2 (1.45)
Two types of antimicrobials	Rissen	SMX, S	1 (0.72)
	Brandenburg	AMP, S	1 (0.72)
Three types of antimicrobials	Infantis, Enteritidis, Colindale	SMX, NA, S	3 (2.18)
	Typhimurium	SXT, AMP, TET	1 (0.72)
	Derby, Muenchen	SMX, S, TET	5 (3.64)
	Derby	S, AMP, TET	1 (0.72)
	Calabar	S, SMX, CAZ	1 (0.72)
	Bredeney	SXT, AMP, SMX	2 (1.45)
Four types of antimicrobials	Infantis	SMX, NA, CIP, TET	1 (0.72)
	Infantis	SMX, NA, S, TET	7 (5.10)
	Infantis, Typhimurium	SMX, AMP, S, TET	3 (2.18)
Five types of antimicrobials	Infantis, Colindale	SMX, NA, CIP, S, TET	31 (22.62)
	Infantis	SMX, NA, CIP, TET, SXT	2 (1.45)
	Derby, Typhimurium	SMX, CHL, S, AMP, TET	5 (3.64)
	Typhimurium, Bredeney	SMX, S, AMP, TET, SXT	4 (2.91)
	Kortrijk, Infantis	SMX, NA, S, CHL, TET	2 (1.45)
	Derby	SMX, NA, S, TET, SXT	2 (1.45)
	Virkow	SMX, NA, S, CHL, TET	1 (0.72)
	Virkow, Ruzizi, Infantis	SMX, NA, S, CAZ, TET	8 (5.83)
Typhimurium	SMX, S, CIP, AMP, TET	1 (0.72)	
Six types of antimicrobials	Infantis, Colindale	SMX, NA, S, CIP, TET, SXT	20 (14.59)
	Typhimurium	SMX, S, CHL, AMP, TET, SXT	2 (1.45)
	Brandenburg	SMX, NA, S, AMP, TET, SXT	1 (0.72)
	Ruzizi, Infantis	SMX, NA, S, CAZ, CHL, TET	5 (3.64)
	Typhimurium	SMX, NA, S, AMP, CHL, TET	1 (0.72)
	Infantis	SMX, NA, S, CAZ, TET, SXT	3 (2.18)
	Infantis	SMX, NA, S, CHL, TET, SXT	1 (0.72)
Bredeney	SMX, NA, CIP, GEN, CHL, TET	1 (0.72)	
Seven types of antimicrobials	Colindale	SMX, NA, S, CIP, AMP, TET, SXT	3 (2.18)
	Infantis	SMX, NA, S, CIP, CHL, TET, SXT	1 (0.72)
	Typhimurium, Derby	SMX, S, CIP, CHL, AMP, TET, SXT	2 (1.45)
Eight types of antimicrobials	Typhimurium	SMX, NA, S, CIP, CHL, AMP, TET, SXT	2 (1.45)
			137 (100)

SMX, sulfamethoxazole; NA, nalidixic acid; CIP, ciprofloxacin; S, streptomycin; TET, tetracycline; AMP, ampicillin; SXT, sulfamethoxazole-trimethoprim; CHL, chloramphenicol; CAZ, ceftazidime; GEN, gentamicin; CTX, cefotaxime

The most prominent pattern was sulfamethoxazole, streptomycin, ciprofloxacin, nalidixic acid, and tetracycline (20.8% of the isolates).

Discussion

The increasing antimicrobial resistance in the foodborne zoonotic bacteria *Salmonella* is a major public health concern. Although in 2010, the number of reported human *Salmonella* cases in 14 countries – all members of the European Union – showed a significant decreasing level, Malta and Romania presented an increasing trend [10].

The present study, the first report about substantial MDR in *Salmonella* serovars isolated from Romania, revealed a high antimicrobial resistance in *Salmonella enterica* subsp. *enterica* isolated from chicken and pork meat. There are few other reports about resistance to antimicrobial agents, but these reports focused on particular products in Romania [11].

Our study demonstrated that pork and chicken meat were contaminated by *Salmonella*; a total of 149 *Salmonella* isolates were recovered, representing 22.92% of the samples tested. Different prevalence rates of *Salmonella* spp. in food, especially poultry and poultry products, have been reported by different authors [12-17]. *Salmonella* contamination rates observed in our country are relatively high (22.92%) and confirm the widespread contamination of pork and chicken meat with *Salmonella* spp. The data reported by Romania in 2010 in the European Surveillance Program showed that samples tested at retail were less contaminated than samples tested earlier in the food chain [10], which shows that even higher levels are expected at farms or slaughterhouses. Moreover, the high contamination rates obtained in our study suggest that both poultry and pork meat could be a potential vehicle of transmission of *Salmonella* spp. from animals to humans. Given our results, a microbiological risk assessment (MRA) must be taken into consideration in this country, in order to improve food control systems and to produce safer food, reduce the number of foodborne illnesses, and facilitate the European trade.

All isolated strains belonged to *S. enterica* subsp. *enterica*, serotyped into 13 serovars: Infantis, Typhimurium, Derby, Colindale, Rissen, Ruzizi, Virchow, Brandenburg, Bredeney, Calabar, Enteritidis, Muenchen, and Kortrijk. Among these, 19 (18.45%) were identified as *S. Typhimurium*, which, according to the World Health Organization (WHO), is one of the most important serovars of *Salmonella* found in animals and their products responsible for the

majority of human infections [5]. In 2000, the European Commission stated that the most frequently reported *Salmonella* serovars in humans, based upon reports from nine countries (not including Romania), were *S. Enteritidis* (59.1%), *S. Typhimurium* (13.0%), *S. Hadar* (1.8%), *S. Virchow* (1.7%), *S. Infantis* (0.9%), *S. Agona* (0.8%), *S. Brandenburg* (0.7%), and *S. Newport* (0.5%) [18]. Also, in sub-Saharan African countries, an increasing number of cases of multidrug-resistant (MDR) non-typhoidal *Salmonella* (NTS) infections have been reported [19].

Among the 149 *Salmonella* isolates, 83.22% were MDR. Multidrug resistance was seen in 64.58% of the pork isolates and in 92.07% of the chicken isolates.

The level was much higher than earlier figures reported by Thong and Modaresi (2011) in Malaysia (67%) [12], Yan *et al.* (2010) in China (20.9%) [15], Bouchrif *et al.* (2009) in Morocco (44%) [20], Hao Van *et al.* (2007) in Vietnam (34%) [21], and lower than figures reported by Yildirim *et al.* (2011) (97% of isolates from raw chicken carcasses exhibited multidrug resistance) [13]. When comparing the two types of meat sampled (pork and chicken), a significant difference ($p = 0.001$) was found in the multidrug resistance pattern; it was much higher in chicken (92.07%) than in pork (64.58%). The high rates of resistance revealed by this study can be explained by the extensive use of antimicrobial agents given in large units of animal growth, especially chickens, as prophylaxis, growth promoters, or treatment. The use of antimicrobials is under strict surveillance in Romania and growth promoters have been banned, but as it is well observed, farmers still use antimicrobials to achieve their production goals with minimal losses, regardless of the health costs [22].

The high resistance to sulfamethoxazole was not surprising, since sulfamethoxazole (in combination with trimethoprim) is widely used in Romania, both in human and veterinary medicine.

The widespread occurrence of antimicrobial resistance to sulfonamides and tetracycline was also demonstrated in *Salmonella* strains isolated from fresh pork sausages by Murmann *et al.* in 2009 [15].

Resistance to tetracycline (80.53%) and streptomycin (81.20%) tended to occur at relatively high frequencies, higher than reported by Thong and Modaresi in 2011 (73.8% and 57.9%) [11], Yildirim *et al.* in 2011 (67.6% and 61.7%) [13], and Zhao *et al.* in 2009, who observed resistance of *S. Typhimurium* to streptomycin (63%) and tetracycline (61%) [23]. A higher resistance rate to tetracycline was reported by

Mahmud *et al.* in 2011 (93%) [14]. *S. Typhimurium* and *S. Infantis* isolates had higher resistance rates to these antibiotics. One of the serovars commonly involved in foodborne diseases, *S. Typhimurium* from chicken, was resistant to eight antimicrobials, the greatest number of resistant phenotypes. Lower rates (62%-65%) were mentioned in a number of studies focused on these specific strains [24,25] while higher rates of 84%-97% were mentioned less frequently [26]. Other studies concluded that this resistance prevalence for tetracycline and streptomycin is due to their frequent administration in veterinary medicine [27].

Nalidixic acid resistance was especially prevalent in chicken isolates (84.15%). This finding is in accordance with studies from other countries [12,15]. The prevalence of *Salmonella* isolates resistant to nalidixic acid was lower than the one reported by Shrestha *et al.* (2010) in Nepal [28]. The emergence of quinolone-resistant *Salmonella* isolates from food animals in Europe has increased substantially following the licensing of fluoroquinolones such as enrofloxacin for veterinary use [29]. Since enrofloxacin is the second most used antibiotic in veterinary practice in Romania after tetracycline, an even higher resistance was expected. Resistance to nalidixic acid is a matter of concern since nalidixic acid resistance has been associated with a decreased susceptibility to fluoroquinolones, which are used to treat salmonellosis in humans [30]. Treatment of serious human enteric infections with an effective fluoroquinolone can reduce the duration of illness, and most likely prevent complications and adverse outcomes, including hospitalization [31]. Therefore, resistance to fluoroquinolones can be considered an important public health concern, since these antibiotics are being widely used in veterinary medicine as well as in poultry production, which causes the resistance genes to be transmitted to humans through the food chain [32].

Resistance to ciprofloxacin (42.95%) was found to be high. Ciprofloxacin is widely used in Romania, especially in the treatment of human urinary tract infections, respiratory tract infections, and infections of the gastrointestinal tract. Simple observations of current medical practice reveal that many fluoroquinolones are used even in minor infections where no proper diagnosis has been made; the criteria set for a prudent use of antimicrobials, therefore, is not being observed.

In our study, few strains of *Salmonella* (11.40%) were resistant to third-generation cephalosporins

(ceftazidime). However, the resistance rate is higher than the one reported by Yan *et al.* (2010) [15], Chao *et al.* (2007) [33], and Thong and Modarressi (2011) [12]. Concerning food-borne *Salmonella*, the resistances of most concern are those against quinolones and cephalosporins, both of which are mentioned in the WHO list of critically important antibiotics for human medicine [5].

In this study, the resistance to ampicillin was found to be only 20.80%, notably lower than the resistance reported in other countries by Mahmud *et al.* (2011) in Bangladesh (100%) [14] and Thai *et al.* (2012) in Vietnam [34]. This finding is not surprising, since ampicillin is not frequently used in animal therapy, although it is still preferred in the classical therapeutical protocol of salmonellosis in humans.

Lower resistance rates to chloramphenicol were observed (16.78%), similar to the rates reported previously by Murungkar *et al.* (2005) [35].

Among 137 resistant *Salmonella* isolates, 35 different resistance patterns were found; most of them were represented by five strains of antimicrobials. One of the most prominent patterns was sulfamethoxazole, streptomycin, ciprofloxacin, nalidixic acid, and tetracycline (SMX, NA, CIP, S, TET).

Conclusion

Overall, the frequencies and resistance patterns tend to vary remarkably from one country to another. Given the fact that, in Romania, this is the first report concerning the prevalence of MDR *Salmonella* isolates, we could not establish a correlation with the year, area, and environmental factors, but the general trends have been established regarding *Salmonella* spp. sensitivity to individual antimicrobial agents. The relatively high MDR *Salmonella* spp. isolates from chicken and pork meat observed in our study could be considered as one of the potential sources of human salmonellosis in Romania.

In conclusion, chicken and pork meat obtained in Romania pose a risk in the dissemination of MDR *Salmonella* in the European market. The results obtained provide baseline data for further antimicrobial resistance studies and also for the epidemiological inquiries that lack information about our country and that could be important, not only for epidemiologists monitoring the spread of MDR *Salmonella* in Romania, but also beyond our borders. From this study, it is evident that MDR *Salmonella* is more prevalent in poultry than in pork meat, which demonstrates the necessity for stricter surveillance of antimicrobial use in poultry production in Romania.

This single investigation might not be enough for a complete risk assessment concerning the possible *Salmonella* threat in food products, but it can draw a warning signal for further actions. This study recommends a closer cooperation between the parties involved in the prevention and control of diseases transmitted from food to humans.

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