# **Original Article**

# Diagnosis and molecular typing of rabies virus in samples stored in inadequate conditions

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#### Abstract

Introduction: The exposure of nervous tissue samples to high temperatures affects the sensitivity of rabies virus diagnostic tests, causing degradation of the viral structure. This study evaluated reverse transcriptase polymerase chain reaction (RT-PCR) for the diagnosis and molecular characterization of brain tissue samples in an advanced state of decomposition and poorly conserved viral isolates by comparing it with routine diagnostic tests.

Methodology: A panel of three canine brain samples exposed to controlled decomposition for 7, 15, 30, and 120 days were evaluated using fluorescence antibody test (FAT), mouse inoculation test (MIT), and RT-PCR. In addition, 14 isolates of rabies variants, representing the largest circulation in Argentina, preserved in inadequate cooling for six to eight years were analyzed. Molecular typing of strains was performed using a 159-nucleotide region corresponding to the nucleoprotein gene.

Results: The three samples analyzed were positive by RT-PCR at all the decomposition times evaluated, in contrast to results observed with FAT and MIT, which rapidly became negative. In addition, 100% of the inadequately preserved samples were characterized molecularly. The limit of detection of RT-PCR was 0.5 MICDL<sub>50</sub>/0.03 mL.

Conclusion: RT-PCR can be useful for rabies diagnosis and typing of putrefying samples or rabies isolates stored in inadequate conditions.

Key words: rabies; molecular typing; decomposed samples.

J Infect Dev Ctries 2014; 8(8):1016-1021.. doi:10.3855/jidc.4136

(Received 15 August 2013 - Accepted 09 Februadry 2014)

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#### Introduction

Rabies is a viral zoonosis of worldwide distribution that causes fatal encephalitis in humans and animals. This disease is caused by the rabies virus (RABV), belonging to the genus Lyssavirus, family Rahbdoviridae. RABV has an non-segmented negative-stranded RNA genome, enveloped by a double lipid membrane [1]. RABV is distributed in at least 150 countries, where more than 55,000 people die of rabies every year. Several species of mammals, especially those belonging to the order Carnivora and *Ouiroptera*, are susceptible to RABV [2]. Dogs are considered to be the most important vector and are responsible for 95% of human rabies deaths [3]. In Argentina, the last case of human rabies transmitted by dogs was recorded in 2008 in the northern province of Jujuy [4]. In addition, in Latin America, there have been outbreaks of vampire bat bites and human cases transmitted by non-hematophagous species [5,6].

In Argentina, the National Network of Regional Laboratories of Rabies performs routine diagnosis in brain tissue samples by the fluorescence antibody test (FAT) and mouse inoculation test (MIT). Furthermore, RABV isolates are sent to the National Reference Laboratory (Servicio Nacional de Calidad Agroalimentaria, SENASA) or to the National Coordinator Laboratory (Instituto de Zoonosis Luis Pasteur de Buenos Aires) to identify reservoir species by using a panel of monoclonal antibodies (antigenic characterization). Appropriate conservation and transportation of nervous tissue samples are critical factors for the precise interpretation of diagnostic tests. High temperatures, such as those recorded in rabiesendemic regions of northern Argentina, cause mild liquefaction to severe decomposition in submitted samples. These conditions could cause brain degradation of the virus structure and production of bacterial toxins that affect the sensitivity of rabies diagnostic tests [7]. If RABV isolates are not

preserved at low temperatures (-70°C or lower), they rapidly lose their viability, which has caused the loss of many collections of RABV strains in laboratories that had inadequate infrastructure [8,9].

Molecular biology techniques such as reverse transcriptase polymerase chain reaction (RT-PCR) are important diagnostic tools for the rabies virus [9-13]. They have also been used in several retrospective studies using samples stored under inadequate refrigeration for long periods of time [14]. PCR products can be sequenced and subjected to phylogenetic analysis, enabling accurate identification of the viral reservoir.

The aim of this study was to evaluate a RT-PCR assay for diagnosis and molecular characterization of rabies by comparing it with routine diagnostic tests using a panel consisting of decomposed brain samples under controlled conditions and RABV isolates stored at inadequate temperatures for several years.

# Methodology

# Samples and virus strains

To simulate samples in an advanced state of decomposition, three complete canine brains positive for rabies from Jujuy province stored at -80°C (537-03, 909-04, and 693-05) were placed in plastic collectors at room temperature ( $20^{\circ}C \pm 2^{\circ}C$ ) and protected from light. Aliquots from each sample were taken at 7, 15, 30, and 120 days.

The strains stored under refrigeration for long periods of time were studied using a group of 14 rabies isolates obtained from mouse brain samples from northern Argentina between 1999 and 2000. These strains were originally preserved in the regional laboratory at -20°C for six to eight years and then sent

to the Instituto de Zoonosis Luis Pasteur for further typing. However, these strains could not be characterized because the virus could not be amplified by MIT (Table 1).

J Infect Dev Ctries 2014; 8(8):1016-1021.

In addition, in the molecular identification assay, a panel of 10 isolates representing the most common reservoir species harboring rabies in Argentina were used as controls: 552-97 (fox , antigenic variant 2, AgV2), 527-97-H (human, AgV3), 156-03 (*Lasiurus* spp., AgV6), 502-09 (*Eptesicus furinalis*, SP6), 1235-1209 and 524-10 (*Histiotus montanus*, SP6), 677-10 and 919-10 (*Tadarida brasiliensis*, AgV4), 634-12 (*Myotis* spp., SP13), and 882-08-H (human, AgV1). These isolates were previously characterized using a CDC panel of 19 monoclonal antibodies [15].

# *Fluorescence antibody and mouse inoculation tests (FAT and MIT)*

All the aliquots obtained from decomposed artificially infected brains were tested by FAT. Conjugated monoclonal antibodies (Bio-Rad, Marne-La-Coquette, France) were used according to the manufacturer's instructions. MIT was performed according to the method of Koprowski, as previously described [16].

# RT-PCR and gene sequencing

Viral RNA was extracted from samples using the QIAmp Viral RNA kit (Qiagen, Hilden, Germany), following the manufacturer's instructions. To detect rabies, reverse transcription and PCR amplification were carried out using the OneStep Kit RT-PCR (Qiagen, Germany) and primers 504 (5'-TATACTCGAATCATGATGAATGGAGGTCGACT -3 ') and 304 (5'-TTGACGAAGATCTTGCTCAT-3'),

**Table 1.** Molecular typing of RABV isolates stored at inadequate temperatures

Strain/ Year Species		City, Province	Reservoir	
578-99	Dog	Puerto Rico, Misiones	Urban dog	
595-00	Bovine	Güemes, Misiones	Desmodus rotundus	
596-00	Insectivorous bat	Candelaria, Misiones	Eptesicus spp.	
605-00	Bovine	Ibarreta, Formosa	Desmodus rotundus	
608-00	Vampire	Laguna Yema, Formosa	Desmodus rotundus	
609-00	Vampire	Laguna Yema, Formosa	Desmodus rotundus	
615-01	Bovine	Ituzaingó, Corrientes	Desmodus rotundus	
620-01	Bovine	Villa Ocampo, Sta. Fe	Desmodus rotundus	
621-01	Bovine	Villa Ocampo, Sta. Fe	Desmodus rotundus	
626-01	NA	Villa Ocampo, Sta. Fe	Desmodus rotundus	
627-01	Human	San Luis del Palmar, Corrientes	Desmodus rotundus	
631-01	Bovine	Ituzaingó, Corrientes	Desmodus rotundus	
632-01	Bovine	Paraje Libertad, Corrientes	Desmodus rotundus	
660-01	Bovine	Apóstoles, Misiones	Desmodus rotundus	

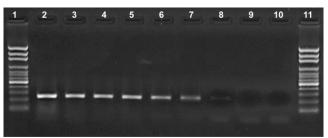
NA: not available

as previously described [17]. Then, 5  $\mu$ L of the extracted RNA was added to 20  $\mu$ L of an RT-PCR mixture according to the manufacturer's instructions.

Amplification was performed using the following conditions: reverse transcription at 50°C for 30 minutes; denaturation at 95°C for 15 minutes; 40 cycles at 94°C for 1 minute, 50°C for 1 minute, and 72°C for 1 minute; and one final cycle at 72°C for 7 minutes. If necessary, to obtain an appropriate concentration of DNA for sequencing, a second round amplification was performed with 2 µL of the firstround amplification. The PCR reaction was performed using Taq DNA-polymerase (Invitrogen, Carlsbad, CA, USA) to a final volume of 50 µL with this profile: 5 minutes at 94°C followed by 40 cycles of 45 seconds at 94°C, 45 seconds at 37°C and 45 seconds at 72°C, and a final cycle of 10 minutes at 72°C. The specific product of 249 bp was analyzed using 2% agarose Tris-acetate-EDTA gel electrophoresis. To carry out the complete assay procedure, distinct areas were established (clean reagents, extraction. and amplification rooms). A separate set of micropipettes with filtered tips was used in the different areas. For every run, a positive control (challenge virus standard, CVS) and a no-template control (sterile water) were included to detect possible cross-contamination between the specimens.

All the PCR products were purified with the QIAquick PCR Purification kit (Qiagen, Hilden, Germany) and sequenced with primer 304 using the BigDye Terminator v3.1 Cycle Sequencing Kit according to the manufacturer's protocol, using an Applied Biosystems 3500 series Genetic Analyzer. A 159-bp region of the nucleoprotein gene located between nucleotides 1318 and 1476 of the Pasteur Virus strain (M13215, GenBank) was analyzed. A phylogenetic tree was drawn using the neighborjoining method and Kimura parameters, with the MEGA 4.0 package [18]. Finally, 21 sequences representing rabies reservoirs in Argentina were obtained from GenBank and included for comparison purposes.

**Figure 1.** Analytical sensitivity of the RT-PCR assay. The analytical sensitivity of RT- PCR was determined using tenfold serial dilutions of the CVS virus stock starting from  $10^{6.5}$  MICDL50/0.03 mL (lanes 2 to 9). Lane 1 and 11 correspond to the molecular weight marker (100-bp ladder), lane 10 to the negative control (water), and lane 8 to 0.5 DL<sub>50</sub>/0.03 mL.



#### Results

The analytical sensitivity of RT-PCR was determined by using tenfold dilutions from the CVS rabies virus stock in suckling mouse brains, viral titer  $10^{6.5}$  mouse intracerebral lethal doses (MICDL<sub>50</sub>)/0.03 mL). The limit of detection was 0.5 MICDL<sub>50</sub>/0.03 mL (Figure 1).

Three positive dog brain tissue samples in decomposition conditions for different periods of times were analyzed using FAT, MIT, and RT-PCR. During the first seven days, all samples were positive by the three methods. However, the titers of FAT decreased markedly after day 15, and then remained negative after day 30. Similarly, MIT became negative after day 15. In contrast, with RT-PCR, all samples were positive even after 120 days of exposure (Table 2). All the 14 strains stored in inadequate conditions were amplified by RT-PCR.

Phylogenetic analysis showed that the rabies sequences were divided into eight distinct groups with high bootstrap values corresponding of total viral reservoirs of each species tested (Figure 2). By this molecular approach, the most likely reservoir of rabies was identified from all aliquots obtained from the decomposing samples at 120 days and all the strains preserved in inadequate conditions (Table 2).

Table 2. Rabies	diagnosis	of samples	in decom	nosition	conditions
	ulugnosis	or sumpres	in accom	position	contantions

Time of exposition		7 days			15 days			30 days			120 days	
Sample	FAT	MIT	RT- PCR	FAT	MIT	RT- PCR	FAT	MIT	RT- PCR	FAT	MIT	RT- PCR
537-03	++	Р	Р	+	Ν	Р	Ν	Ν	Р	Ν	Ν	Р
909-04	+++	Р	Р	+	Ν	Р	Ν	Ν	Р	Ν	Ν	Р
693-05	++	Р	Р	Ν	Ν	Р	Ν	Ν	Р	Ν	Ν	Р

FAT: fluorescence antibody test; positivity degree of FAT: +, ++, +++, ++++, +++++; MIT: mouse inoculation test; RT-PCR: reverse transcriptase polymerase chain reaction; N: negative; P: positive

#### Discussion

The study of brain samples in different stages of decomposition presents a challenge to achieving an accurate diagnosis of rabies and to the recovery of improperly preserved sample collections. Factors affecting the sensitivity of the rabies diagnostic tests include the poor preservation of samples, the production of bacterial toxins, the initial viral load in the brains, and the reader's experience in fluorescence microscopy. According to the World Health Organization (WHO) recommendations, the RT-PCR technique should not be used for routine post-mortem diagnosis of rabies if brain tissue is available; the direct fluorescent antibody test should be used [3]. However, in decomposed samples, where traditional methods lose their sensitivity, RT-PCR becomes an important diagnostic tool [7,10,11].

In this study, we evaluated the performance of RT-PCR in detecting the rabies virus from putrefying canine brains or long-standing poorly maintained samples. We observed that, after the first week of exposure to room temperature, viral viability promptly diminished, whereas FAT results were positive after 15 days in spite of the loss of the anatomical limits of brain samples. Several authors have noted similar dynamics of both tests during exposure of canine brain samples to 25-29°C, showing a better performance during 6–7 days for FAT and 48 hours for MIT [7,19,20] Higher temperatures drastically reduce the chances of viral detection, and FAT is positive for 72 hours at 37°C [9].

Using RT-PCR, David et al. [11] found a positivity rate of 100%, but only after 36 days of exposure in large animals at tropical temperatures. Under natural conditions of decomposition, the size of the brains of these species could encourage the viral preservation given its greater mass in contrast to smaller animals such as mice, where the rabies virus was detected until day 15 using a heminested PCR assay [19]. The RT-PCR has also proved to be useful in improperly preserved samples maintained in a glycerol solution for 5–6 years [21]. The detection rate declined from 88.9% to 65.3% in positive samples without storage medium stored at -20°C or -80°C, for periods of up to 10 years [22]. Conversely, our assay was able to detect the rabies virus in all samples, even in those exposed for 120 days. Since rabies RNA could be highly degraded in putrefying brain samples, only small PCR fragments can be amplified. Therefore, our selection of primers directed to a short region of the nucleoprotein can be an advantage compared to other approaches that require higher

Figure 2. Phylogenetic tree of rabies samples stored in inadequate conditions. Phylogenetic tree constructed by using a 159-nt rabies virus (RABV) nucleoprotein sequence directly amplified from decomposed brain samples under controlled conditions and RABV isolates stored at inadequate temperatures. The phylogenetic tree was constructed using the neighbor-joining method. The robustness of the branching patterns was tested by 1,000 bootstrap pseudo-replications. Sequences obtained in this study are indicated as •: decomposed brain samples,  $\mathbf{V}$ : non-viable rabies isolates,  $\mathbf{m}$ : control panel. Reservoirs are indicated on the right. Nineteen RABV sequences from GenBank were used in the analysis. The scale bar indicates the number of nucleotide substitutions per site.

li site.						
Chabv94 (AY233438)						
Chafx08 (AY233439)						
89 <b>▼</b> <sup>605-00</sup>						
Chahr90 (AY233443)						
▼ 620-01						
€27-01-Н						
▼ 626-01						
98 <b>▼</b> 621-01						
▼632-01	Desmodus rotundus					
€15-01						
<b>₩</b> 608-00						
€ € 609-00						
Bradrbt (AF070449)						
84 <b>■</b> 527-97-H						
▼ 660-01						
▼595-00						
100 <b>¥</b> 631-01	1					
Tb274 (AF533792)						
Tb1143 (AF533785)	Tadarida brasiliensis					
100 677-10						
919-10						
85 BR-EF3 (AB201813)						
bref636-01 (HQ666828)	Eptesicus spp.					
<b>502-09</b> 98						
₩ 596-00						
HI57 (AF533779)						
<b>1235-09</b> 99 <b>■</b> 524 10	Histiotus spp.					
□ 524-10	1					
HI697 (AF533781)	_					
99— LS1979 (AF533810)	Lasiurus cinorous					
LS87 (AF533783)	Lasiurus cinereus					
95 156-03	1					
99_My149 (AF533813)	Myotis spp.					
100 cimy3941 (AF533833)						
<b>634-12 634-12 634-12 (A)</b> (2222200)	1					
89 Jujdg40 (AY233399)						
Tucdg36 (AY233403) 87 578-99	Terrestrial wildlife					
87 578-99 Chafx119 (AY233406)						
	1					
<b>100</b> 552-97 <b>86</b> Salct41 (AY233425)	1					
100 86 Salct41 (AY233425) Saldg45 (AY233419)						
882-08-H	Urban terrestrial					
99 693-05						
98 ● 909-04						
537-03						
- 557-65	-					

0.05

structural integrity of viral RNA. Furthermore, the detection limit of 0.5  $MICDL_{50}/0.03$  mL, as compared with that of other molecular techniques, is another advantage of PCR [23, 24].

In decomposed samples, in addition to detecting the rabies virus, the animal reservoir of the virus should be identified. In this study, we evaluated our method with a panel of 10 isolates of RABV corresponding to virus variants circulating in Argentina. The results showed that a 159-nt fragment of the viral nucleoprotein provided enough information to perform molecular typing directly on putrefying samples. The use of this tool allowed us to identify the reservoir of the 14 non-viable rabies isolates stored at -20°C for six to eight years and to retrieve information from historical collections for retrospective epidemiological studies. Furthermore, the amplification and sequencing of the three samples of canine rabies outbreak collected during 2003-2005 revealed 100% homology with the human case that occurred in 2008 in Jujuy [4].

In our assay, strict quality control procedures were used to prevent carryover or crossover contamination. In addition, all positive samples were confirmed by nucleotide sequencing. However, the use of internal controls such as housekeeping genes or plasmids together with our method could avoid false negatives caused by inhibitors and contribute to improving the performance of this assay [25]. In the field of public health, taking into account the environmental conditions to which the sample was exposed, a negative result does not exclude the possibility of a false negative and we must thus consider the epidemiological information to administer appropriate treatment.

# Conclusion

This study found that reverse transcriptase polymerase chain reaction can be very useful for rabies diagnosis and typing of putrefying samples or rabies isolates stored in inadequate conditions.

# Acknowledgements

We thank all the professionals and non-professionals from the National Rabies Laboratories Network of the Ministry of Health of Argentina and Dra. Leda M. S. Kimura from PESAGRO-Rio, Brazil, for valuable discussions. This work was supported by Instituto de Zoonosis Luis Pasteur, Buenos Aires, Argentina.

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Conflict of interests: No conflict of interests is declared.