

Coronavirus Pandemic

Association between vaccination and days of hospitalization in adult patients with non-severe COVID-19

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Abstract

Introduction: To explore the association between vaccination status and the days of hospitalization in non-severe adult COVID-19 patients.

Methodology: We retrospectively analyzed the 368 non-severe adult COVID-19 patients which were divided into three groups according to their vaccination status. Univariate and multivariate linear regression analysis were performed to determine the correlation between vaccination and the days of hospitalization. A generalized additive model and hierarchical linear regression model were used for outcome analysis.

Results: In the regression equation, the increase in the number of vaccine shots was significantly correlated with the decrease in the days of hospitalization (all $p < 0.001$). Particularly, the reduction of the days of hospitalization in patients with 3 injections of the vaccine was more significant than that of the 0-1 injection group (β : -2.810, -2.525, and -2.831; $p < 0.001$). Curve fitting showed that the relationship between the number of vaccination injections and the days of hospitalization was approximately linear, and the β value was -1.522 (95% CI: -2.091 – -0.954; $p < 0.001$). Among various laboratory indexes, only the monocyte ratio significantly affected the correlation between the number of vaccination injections and the days of hospitalization, indicating an interaction ($p = 0.027$). The β values of the monocyte ratio in normal and elevated groups were -2.230 (95% CI: -3.048 – -1.412; $p < 0.001$) and -0.763 (95% CI: -1.520 – -0.005; $p = 0.050$), respectively.

Conclusions: In non-severe adult COVID-19 patients, there was a negative linear correlation between the vaccination status and the days of hospitalization.

Key words: COVID-19 patients; non-severe; vaccination; days of hospitalization; association.

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Introduction

COVID-19 is a serious acute respiratory syndrome caused by coronavirus 2 (SARS-CoV-2). Since the first case was reported in 2019, COVID-19 has spread rapidly worldwide and significantly impacted human beings [1,2]. As of August 11, 2022, SARS-CoV-2 had caused more than 584 million infections and 6.41 million deaths worldwide [3]. During the pandemic, SARS-CoV-2 has produced many variants, especially the recently appeared Omicron variant, which is highly infectious and has caused multiple waves of infections [4].

Therefore, in the absence of effective preventive medicines and treatment methods, the COVID-19 vaccine is considered to help reduce transmission, prevent infection, and control disease [5]. Currently, the COVID-19 vaccine has become an important strategy for dealing with the pandemic. Many countries are

carrying out large-scale vaccination campaigns and actively implementing the vaccination plan of booster vaccines [3,6]. The vaccines currently used in China mainly include inactivated vaccines, adenovirus vector vaccines, and recombinant subunit vaccines, of which inactivated vaccines are the main type [7]. Studies have shown that inactivated vaccines have good tolerability, immunogenicity, and immune persistence [8], and three injections of inactivated vaccines can significantly improve the IgG-positive rate in the population, which plays an important role in avoiding serious symptoms, hospitalization, and deaths [9]. Although the inactivated vaccines elicited strong antibody responses, some fully vaccinated people can still be infected with SARS-CoV-2, called breakthrough infection [10]. However, patients with breakthrough infections are mainly asymptomatic or only exhibit mild symptoms [11], and the virus clearance time is shorter [12,13]. The impact

of the vaccine on SARS-CoV-2 is complicated, some studies proposed that the COVID-19 vaccine may reduce the severity of the disease, but it will lead to the long-term spread of infectious viruses, which will have an important impact on public health [14]. Moreover, most COVID-19 vaccines were developed to target early epidemic variants [15]. Therefore, it is necessary to continuously evaluate the effectiveness of the vaccines against newly emerged COVID-19 variants.

In this study, we analyzed the relationship between the vaccination status and clinical characteristics of hospitalized, non-severe adult COVID-19 patients. Specifically, we explored the association between the vaccination status and the length of hospital stay of COVID-19 patients to evaluate the effectiveness of the COVID-19 vaccine and provide important information for the control of COVID-19 transmission and vaccination policies.

Methodology

General data

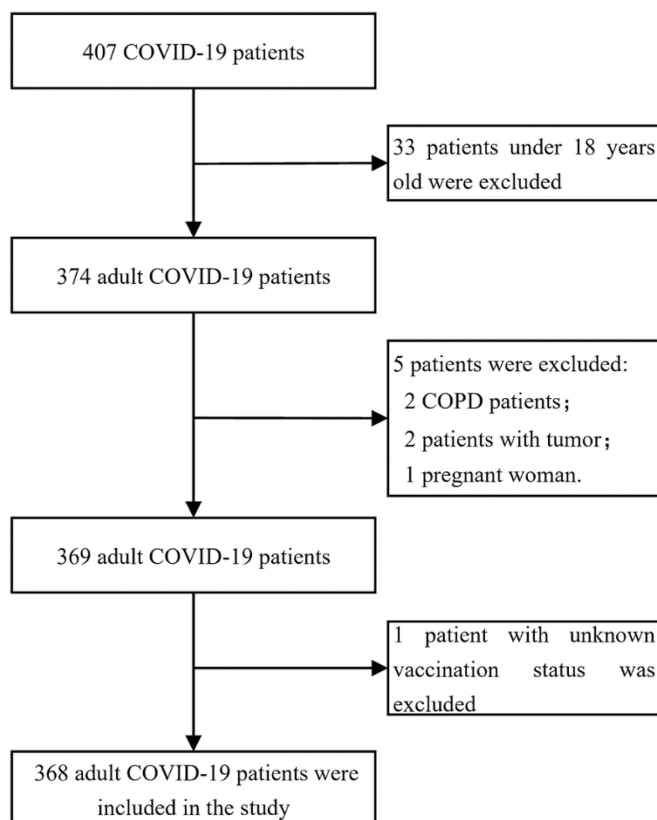
We retrospectively analyzed the data of 407 patients hospitalized in the negative pressure ward of Wuxi Fifth People’s Hospital from May 2, 2022, to May 14, 2022, to treat novel coronavirus infection. Genetic sequencing

results showed that the virus was the Omicron variant BA. 2.2. Patient inclusion criteria: 1) The novel coronavirus nucleic acid was detected by real-time fluorescent RT-PCR. 2) The manifestation of the disease met the diagnostic criteria of Diagnosis and Treatment Protocol for Novel Coronavirus Pneumonia (Trial Version 9) [16], it mainly includes asymptomatic infections and mild and moderate patients. Patient exclusion criteria: 3) Patients under the age of 18. 4) Patients with chronic obstructive pulmonary disease (COPD) or tumor. 5) Pregnant women. 6) Patients with unknown COVID-19 vaccination status. The general clinical data and test results of laboratory indexes of patients were collected. This study was conducted in compliance with the Helsinki Declaration and was approved by the Institutional Ethics Committee (Ethics No.: Lunzi No. 2022-016-1). The data were anonymous, and thus no informed consent was required. The research flow chart is shown in Figure 1.

COVID-19 diagnosis, treatment, and discharge criteria Diagnosis and treatment of COVID-19

A novel coronavirus nucleic acid test positive was the primary standard for COVID-19 diagnosis, and the final diagnosis was made according to a comprehensive analysis of epidemiological history, clinical manifestations, and laboratory test results. According to the Diagnosis and Treatment Protocol for Novel Coronavirus Pneumonia (Trial Version 9) published by the General Office of the National Health Commission of China, COVID-19 patients were divided into mild (mild clinical symptoms, no pneumonia feature on imaging), moderate (with low fever, mild fatigue and other symptoms, and pneumonia feature on imaging), severe (patients met any of the following criteria: shortness of breath, RR \geq 30 times/minute; in resting state, oxygen saturation \leq 93%; arterial partial pressure of oxygen/inspired oxygen concentration \leq 300 mmHg; clinical symptoms worsened progressively and pulmonary imaging showed that the lesions had significantly progressed $>$ 50% within 24-48 hours), and critical cases (patients met any of the following criteria: respiratory failure that required mechanical ventilation; shock; combined with other organ failures that required ICU monitoring and treatment). Patients who had no obvious clinical symptoms after novel coronavirus infection were defined as asymptomatic infected patients. The treatment plan of all patients was implemented according to the Diagnosis and Treatment Protocol of Novel Coronavirus Pneumonia (Trial Version 9).

Figure 1. The research flow chart.



Discharge criteria

Body temperature returned to normal for more than 3 days. Respiratory symptoms improved significantly. Pulmonary imaging showed that the acute exudative lesions were improved considerably. The cycle threshold (Ct) of virus N gene and ORF gene was ≥ 35 in two consecutive novel coronavirus nucleic acid tests (fluorescent quantitative PCR method with the threshold value of 40, and sampling interval was at least 24 hours), or novel coronavirus nucleic acid test was negative in two consecutive trials (fluorescent quantitative PCR method with the threshold value of lower than 35, and sampling interval was at least 24 hours). The patient can be discharged if all the above criteria are met.

Laboratory tests

Patients' throat or nose swab samples were collected for RT-PCR tests. The ORF gene and N gene of SARS-CoV-2 were detected according to the kit's instructions, and the results showed the Ct values of the two genes.

The patient's venous blood was collected for various laboratory tests. The blood routine was analyzed using the Sysmex XN9000 blood analyzer (Sysmex, Hyogo, Japan). The liver function indexes of patients were determined using the automatic biochemical analyzer (Beckman Coulter AU5800, Brea, CA, USA). The high-sensitivity C-reactive protein (hs-CRP) was detected using the specific protein analyzer HP-083/4 (Hipro Biotechnology, Shijiazhuang, China). The blood coagulation function was detected by Sysmex CS5100 automatic blood coagulation analyzer (Sysmex, Kobe, Japan). COVID-19 IgG and IgM antibodies were detected using the colloidal gold method with the reagents produced by Nanjing Vazyme Medical Technology Co., Ltd.

Statistical analysis

R software (version 4.2.0; <http://www.R-project.org>) was used to analyze the data statistically. The continuous variables were expressed as the mean (standard deviation) (normal distribution) or the median (Q1-Q3) (skewed distribution). Categorical variables were expressed as the frequency or percentage (%). The χ^2 test (categorical variables), T-test (normal distribution), or Mann-Whitney U test (skewed distribution) were used to detect the difference in general clinical data and laboratory indexes between different vaccination groups.

Univariate and multivariate linear regression analyses were performed to determine the correlation between the number of vaccination injections and the

days of hospital stay and further generate three different models, including an unadjusted model, a preliminary adjusted model, and a fully adjusted model. For multivariate regression analysis, the confounding variables were the clinical indexes such as gender, age, and complications before vaccination. Afterward, the vaccination status was used as categorical data to calculate *p* values for the trend.

After the confounding factors were fully adjusted, the generalized additive model (GAM) was used for curve fitting, and the piecewise linear regression model was used to evaluate whether the fitting curve had a threshold effect. In different subgroups of laboratory indexes (normal group vs. elevated group), a stratified linear regression model was used to evaluate whether there was an interaction between vaccination and the number of days of hospitalization. The effect value with a 95% confidence interval was recorded. All statistical analyses were two-tailed, and $p < 0.05$ was considered statistically significant.

Results

The vaccination status of the patients was as follows: 12 patients were unvaccinated (0 injections, 3.3%), 12 patients received one injection (3.3%), 51 patients received two injections (12.9%), and 293 patients received three injections (79.6%). The vaccines were all injected. Those who received 1 injection were all inactivated vaccines. Only 3 of those who received 2 injections used adenovirus vector vaccine for both injections (3/51), and only 5 of those who received 3 injections used 2 inactivated vaccines and 1 adenovirus vector vaccine (5/293). At admission, 51 patients had a fever (13.9%), and imaging examination showed that one patient had unilateral pneumonia (0.3%) and three patients had bilateral pneumonia (0.8%). The clinical classification of the patients included 359 cases of asymptomatic type (97.6%), 5 cases of mild type (1.4%), and 4 cases of moderate type of COVID-19 (1.1%). The patients' average length of hospital stay was 12.9 ± 3.2 days (range: 7-21 days). The patients were divided into three groups according to the vaccination status: 0-1 injection group, 2 injections group, and 3 injections group.

General clinical data and laboratory indexes of the three groups of COVID-19 patients

A comparison of the general clinical data and laboratory tests of the three groups is shown in Table 1. The results showed that the patients in the 0-1 injection group were older ($p < 0.001$), and the proportion of patients with high blood pressure and cardio-

cerebrovascular diseases was higher in this group ($p < 0.001$). In the three groups, the 0-1 injection group was more likely to have fever symptoms once infected with coronavirus ($p = 0.002$). Therefore, this group's proportion of mild-moderate COVID-19 was also higher ($p = 0.026$). The positive rate of IgM antibody in all three groups was low and had no significant difference between groups ($p = 1.000$). In contrast, the positive rate of IgG antibody in the three groups gradually increased and had significant differences ($p < 0.05$). The positive IgG rate in the 0-1 needle group was the lowest (4.2%). In all three groups, the Ct values of N and ORF genes decreased gradually before admission. The difference in N gene was insignificant ($p = 0.054$), while the difference in ORF gene was significant ($p = 0.045$). The D-dimer of the three groups also decreased gradually and had a significant

difference ($p = 0.019$). Regarding the number of days of hospitalization, the three groups gradually decreased and had significant differences ($p < 0.001$).

Univariate analysis of patient's general clinical data, laboratory indexes, and days of hospitalization

Univariate linear regression analysis was conducted with the number of days in the hospital as the dependent variable and general clinical data and laboratory tests as the independent variables (Table 2). The age, gender, vaccination status, fever, IgG antibody, neutrophil ratio, lymphocyte ratio, monocyte ratio, lymphocyte count, and monocyte count of patients were all possible related factors for the days of hospitalization ($p < 0.05$), of which age, fever, neutrophil ratio, monocyte ratio, and monocyte count were risk factors (β values: 0.034–1.623), whereas male, vaccination status, IgG

Table 1. Comparison of general clinical data and laboratory indexes of patients with different numbers of COVID-19 vaccine injections.

Vaccination status	Total	0-1 injection	2 injections	3 injections	p value
N	368	24	51	293	
Age	47.0 (11.7)	53.1 (19.2)	42.3 (12.5)	47.4 (10.4)	< 0.001
Gender					
Female	167 (45.4%)	12 (50.0%)	26 (51.0%)	129 (44.0%)	0.586
Male	201 (54.6%)	12 (50.0%)	25 (49.0%)	164 (56.0%)	
Smoking	76 (20.7%)	6 (25.0%)	9 (17.7%)	61 (20.8%)	0.755
Complications					
High blood pressure	45 (12.2%)	10 (41.7%)	3 (5.9%)	32 (10.9%)	< 0.001
Diabetes	20 (5.4%)	2 (8.3%)	3 (5.9%)	15 (5.1%)	0.791
Cardio-cerebrovascular diseases	9 (2.5%)	5 (20.8%)	0 (0.0%)	4 (1.4%)	< 0.001
Chronic liver and kidney diseases/cirrhosis	7 (1.9%)	1 (4.2%)	0 (0.0%)	6 (2.1%)	0.298
Fever	51 (13.9%)	9 (37.5%)	8 (15.7%)	34 (11.6%)	0.002
Highest body temperature	38.1 (0.6)	38.0 (0.5)	38.4 (0.7)	38.1 (0.6)	0.346
Imaging (pneumonia)	4 (1.1%)	1 (4.2%)	0 (0.0%)	3 (1.0%)	0.318
Typing					0.026
Asymptomatic	359 (97.6%)	21 (87.5%)	50 (98.0%)	288 (98.3%)	
Mild-moderate	9 (2.4%)	3 (12.5%)	1 (2.0%)	5 (1.7%)	
N gene	29.20 (5.84)	31.09 (5.57)	30.40 (5.78)	28.83 (5.84)	0.054
ORF gene	28.09 (6.02)	29.89 (5.86)	29.50 (5.60)	27.70 (6.06)	0.045
IgM					1.000
Negative	361 (98.1%)	24 (100.0%)	50 (98.0%)	287 (98.0%)	
Positive	7 (1.9%)	0 (0.0%)	1 (2.0%)	6 (2.0%)	
IgG					< 0.001
Negative	168 (45.7%)	23 (95.8%)	43 (84.3%)	102 (34.8%)	
Weak positive	54 (14.7%)	0 (0.0%)	1 (2.0%)	53 (18.1%)	
Positive	146 (39.7%)	1 (4.2%)	7 (13.7%)	138 (47.1%)	
Laboratory tests at admission					
white blood cell ($10^9/L$)	5.44 (1.96)	5.19 (2.06)	5.31 (1.94)	5.48 (1.96)	0.697
Neutrophil ratio (%)	61.64 (11.84)	59.27 (13.18)	60.75 (13.74)	61.99 (11.38)	0.473
Lymphocyte ratio (%)	26.13 (10.34)	27.23 (10.74)	26.98 (11.91)	25.89 (10.04)	0.680
Monocyte ratio (%)	10.33 (3.99)	11.81 (4.79)	10.91 (4.25)	10.11 (3.85)	0.072
Neutrophil count ($10^9/L$)	3.49 (1.79)	3.25 (2.06)	3.39 (1.86)	3.52 (1.76)	0.702
Lymphocyte count ($10^9/L$)	1.32 (0.52)	1.29 (0.59)	1.32 (0.55)	1.32 (0.51)	0.975
Monocyte count ($10^9/L$)	0.54 (0.23)	0.57 (0.22)	0.54 (0.24)	0.53 (0.23)	0.664
High-sensitivity C-reactive protein (mg/L)	0.50 (0.20-132.60)	0.50 (0.50-34.60)	0.50 (0.50-33.40)	0.50 (0.20-132.60)	0.613
D-dimer (ug/mL)	0.22 (0.22-9.30)	0.29 (0.22-1.73)	0.25 (0.22-9.30)	0.22 (0.22-2.35)	0.019
Glutamic pyruvic transaminase (U/L)	18.0 (5.0-396.0)	17.5 (8.0-72.0)	19.0 (7.0-396.0)	18.0 (5.0-135.0)	0.996
Glutamic oxaloacetic transaminase (U/L)	20.0 (10.0-257.0)	23.0 (12.0-144.0)	22.0 (15.0-257.0)	20.0 (10.0-108.0)	0.235
Days of hospitalization	12.9 (3.2)	15.3 (3.3)	14.0 (3.4)	12.4 (3.1)	< 0.001

Results in the table: Mean (SD), Median (Min-Max) / N (%).

antibody, lymphocyte ratio, and lymphocyte count were protective factors (β values: -0.056 – -2.810).

Multivariate linear regression analysis of vaccination status and days of hospitalization

Multivariate linear regression analysis was conducted to evaluate the correlation between vaccination status and days of hospitalization by adjusting the confounding variables, which were clinical indexes before vaccination, including gender, age, high blood pressure, and cardio-cerebrovascular diseases. Unadjusted confounding variables were equivalent to univariate linear regression analysis, and preliminarily adjusted confounding variables included gender and age. Fully adjusted confounding variables included gender, age, high blood pressure, and cardio-cerebrovascular diseases. In the regression equations with unadjusted, preliminarily adjusted, and fully adjusted confounding variables, the increase in the

number of vaccinations was significantly correlated with the decrease in the number of days of hospital stay ($p < 0.001$). The reduction in the days of hospitalization was especially significant in 3 injections group compared with that in 0-1 injection group (β values were -2.810, -2.525, and -2.831, respectively; all $p < 0.001$) (Table 3).

Smooth curve fitting

After fully adjusting the confounding variables (gender, age, high blood pressure, cardio-cerebrovascular diseases), with the increase in vaccination times, the length of hospitalization of patients was 15.3 days (95% CI: 13.9-16.6), 14.2 days (95% CI: 13.2-15.1), and 12.4 days (95% CI: 12.0-12.9) respectively (Figure 2), showing a linear relationship. The β value was -1.522 (95% CI: -2.091 – -0.954; $p < 0.001$) (Table 4). Furthermore, the piecewise linear regression model was used to evaluate whether the

Table 2. Univariate analysis of general clinical data, laboratory indexes, and days of hospitalization.

	Statistics	β (95%CI)	p value
Age	47.0 ± 11.7	0.040 (0.012, 0.068)	0.006
Gender			
Female	167 (45.4%)	0	
Male	201 (54.6%)	-1.007 (-1.666, -0.349)	0.003
Smoking	76 (20.7%)	-0.369 (-1.187, 0.450)	0.378
Complications			
High blood pressure	45 (12.2%)	-0.001 (-1.014, 1.012)	0.999
Diabetes	20 (5.4%)	0.957 (-0.503, 2.417)	0.200
Cardio-cerebrovascular diseases	9 (2.4%)	1.070 (-1.075, 3.215)	0.329
Chronic kidney disease/chronic liver disease/liver cirrhosis	7 (1.9%)	1.323 (-1.102, 3.748)	0.286
Vaccination status			
0-1 injection	24 (6.5%)	0	
2 injections	51 (13.9%)	-1.211 (-2.735, 0.313)	0.120
3 injections	293 (79.6%)	-2.810 (-4.117, -1.503)	< 0.001
Fever	51 (13.9%)	1.136 (0.183, 2.089)	0.020
Highest body temperature	38.1 ± 0.6	1.050 (-0.479, 2.579)	0.185
Imaging (pneumonia or not)	4 (1.1%)	1.420 (-1.776, 4.617)	0.384
Classification (two categories)			
Asymptomatic	359 (97.6%)	0	
Mild-moderate	9 (2.4%)	1.070 (-1.075, 3.215)	0.329
N gene	29.20 ± 5.84	-0.005 (-0.062, 0.052)	0.866
ORF gene	28.10 ± 6.02	0.007 (-0.048, 0.062)	0.807
IgM			
Negative	361 (98.1%)	0	
Positive	7 (1.9%)	-1.444 (-3.869, 0.981)	0.244
IgG			
Negative	168 (45.7%)	0	
Weak positive	54 (14.7%)	-1.205 (-2.162, -0.248)	0.014
positive	146 (39.7%)	-1.955 (-2.647, -1.263)	< 0.001
Laboratory tests at admission			
White blood cell ($10^9/L$)	5.44 ± 1.96	-0.002 (-0.172, 0.167)	0.980
Neutrophil ratio (%)	61.64 ± 11.84	0.034 (0.006, 0.062)	0.016
Lymphocyte ratio (%)	26.13 ± 10.34	-0.056 (-0.088, -0.025)	< 0.001
Monocyte ratio (%)	10.33 ± 3.99	0.144 (0.062, 0.226)	< 0.001
Neutrophil count ($10^9/L$)	3.49 ± 1.79	0.115 (-0.071, 0.300)	0.226
Lymphocyte count ($10^9/L$)	1.32 ± 0.52	-1.476 (-2.098, -0.855)	< 0.001
Monocyte count ($10^9/L$)	0.54 ± 0.23	1.623 (0.167, 3.079)	0.030
High-sensitivity C-reactive protein (mg/L)	3.11 ± 8.65	0.014 (-0.025, 0.054)	0.480
D-dimer (ug/mL)	0.34 ± 0.53	0.256 (-0.377, 0.889)	0.428
Glutamic pyruvic transaminase (U/L)	25.25 ± 27.74	0.002 (-0.010, 0.014)	0.760
Glutamic oxaloacetic transaminase (U/L)	24.37 ± 17.83	0.008 (-0.010, 0.027)	0.379

Results in the table: Mean ± SD / N (%).

Table 3. Multiple regression equations of the impact of vaccination on the days of hospital stay.

Exposure	Unadjusted	Preliminary adjusted	Fully adjusted
Vaccination status			
0-1 injection	0	0	0
2 injections	-1.211 (-2.735, 0.313) 0.120	-0.787 (-2.311, 0.738) 0.313	-1.098 (-2.679, 0.482) 0.174
3 injections	-2.810 (-4.117, -1.503) < 0.001	-2.525 (-3.817, -1.233) < 0.001	-2.831 (-4.190, -1.472) < 0.001
P for trend	< 0.001	< 0.001	< 0.001

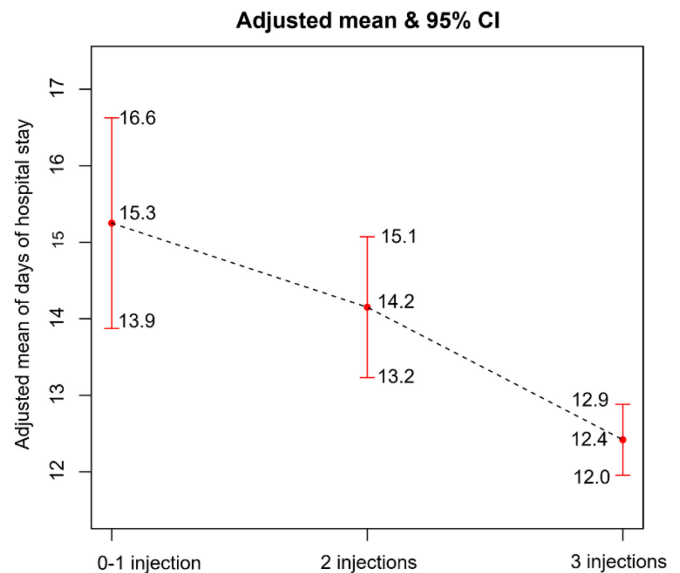
Data in the table: β (95% CI), p value. Unadjusted model adjust for: None; Preliminary adjusted model adjust for: gender, age; Fully adjusted model adjust for: gender, age, high blood pressure, cardio-cerebrovascular diseases.

fitting curve had a threshold effect. The log-likelihood ratio test results showed that at breakpoint 2, there was no statistical significance ($p = 0.569$). Model I should be selected as a linear effect.

Interaction analysis

After adjusting the confounding variables, the correlation between vaccination status and the number of days of hospitalization was compared in different laboratory indexes subgroups, and the results showed that the interaction only existed in the monocyte ratio subgroup ($p = 0.027$) (Table 4, Figure 3A). GAM test results showed that in the normal monocyte ratio subgroup ($\leq 10\%$), with the increase of vaccination injections, the patients' hospital stay was 15.3 days (0-1 injection, 95% CI: 13.3-17.2), 14.7 days (2 injections, 95% CI: 13.5-15.9), and 11.9 days (3 injections, 95% CI: 11.3-12.4), respectively (Figure 3B), showing a nearly linear relationship (log-likelihood ratio test $p = 0.301$), with the β value of -2.230 (95% CI: -3.048 – -1.412; $p < 0.001$) (Table 4). In the monocyte ratio elevated subgroup ($> 10\%$), with the increase of vaccination injections, the hospital stay of patients was 15.2 days (0-1 injection, 95% CI: 13.4-16.9), 13.5 days (2 injections, 95% CI: 12.2-14.8) and 13.1 days (3 injections, 95% CI: 12.5-13.7), respectively (Figure 3C), showing an approximately linear relationship (log-likelihood ratio test $p = 0.691$), with the β value of -0.763 (95% CI: -1.520– -0.005; $p = 0.050$) (Table 4).

Figure 2. The association between vaccination status and days of hospital stay.



The black dotted line represents the fitting line of the number of days in hospital and vaccination; the red line is the 95% confidence interval; the curve was adjusted for gender, age, high blood pressure, and cardio-cerebrovascular diseases.

Table 4. Analysis of the threshold effect between vaccination status and the number of days of hospitalization (different monocyte ratio subgroups).

Monocyte ratio (%) subgroup	Normal group ($\leq 10\%$)	Elevated group ($> 10\%$)	Total
Model I			P-interaction: 0.027
One line effect	-2.230 (-3.048, -1.412) < 0.001	-0.763 (-1.520, -0.005) 0.050	-1.522 (-2.091, -0.954) < 0.001
Model II			P-interaction: 0.025
Breakpoint (K)	2	2	2
< K-segment effect 1	-1.090 (-3.432, 1.252) 0.363	-1.149 (-3.237, 0.940) 0.283	-1.098 (-2.679, 0.482) 0.174
> K-segment effect 2	-2.749 (-4.040, -1.458) < 0.001	-0.554 (-1.850, 0.742) 0.403	-1.733 (-2.659, -0.806) < 0.001
Difference in effect between 2 and 1	-1.659 (-4.852, 1.535) 0.310	0.594 (-2.400, 3.589) 0.698	-0.634 (-2.840, 1.571) 0.574
Predicted value of equation at the breakpoint	14.444 (13.244, 15.645)	13.583 (12.382, 14.785)	14.039 (13.177, 14.901)
Log-likelihood ratio tests	0.301	0.691	0.569

Data in the table: β (95% CI), p value; Adjusted variables: gender, age, high blood pressure, and cardio-cerebrovascular diseases.

Discussion

With the continuous spread and mutation of SARS-CoV-2, various SARS-CoV-2 variants have emerged. The Omicron variant has become the main epidemic strain [17,18]. It has higher infectivity and immune escape ability [19] and is prone to cause breakthrough infections, which poses a new challenge to the effectiveness of vaccines [3]. Our study found that with the increase in vaccination times, the length of hospital stay of non-severe adult COVID-19 patients gradually decreased, and the decrease was more significant in patients with a normal monocyte ratio at admission.

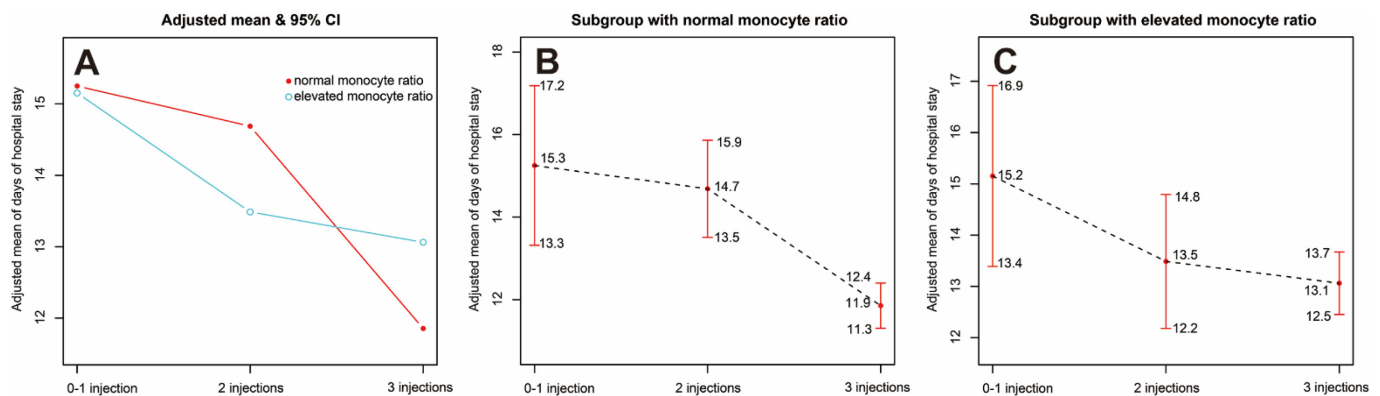
In our study, most the patients with COVID-19 had received booster injections. Most of the patients had asymptomatic infections, the proportion of mild and moderate COVID-19 was high among the patients who had not been vaccinated or partially vaccinated, and no patients had developed serious diseases. These data demonstrate that the COVID-19 vaccine was very effective in preventing serious infections, which is consistent with most research results [6,11,20-22]. We found that the Ct values of the N gene and ORF gene of patients who received booster injections were both low at admission, which was different from other results. Although the Ct value is not a direct measure of viral load, it is negatively correlated with the viral load. A lower Ct value indicated that patients had higher infectivity [23-25]. Some studies believe that the Ct values of the samples from vaccinated and unvaccinated patients at the initial admission are similar [7,26]. However, Accorsi *et al.* [27] believed that vaccinated patients' Ct value was higher when admitted to the hospital, which may be related to the heterogeneity of the patient's course of disease. In

addition, at grouping, because the number of unvaccinated and partially vaccinated patients was small, we combined them into one group and subdivided the vaccinated patients into a complete vaccination group and enhanced vaccination with a booster injection group, which may lead to different results.

Vaccination can reduce the risk of SARS-CoV-2 infection and accelerate the elimination of the virus [28,29]. Our research also showed that with the increased number of vaccinations, the number of days of patients' hospital stay decreased gradually, which was especially significant in patients who received the booster vaccination. This relationship is not affected by confounding factors, consistent with the findings of Kissler *et al.* [23] and Havers *et al.* [30]. It can be seen that among breakthrough infection patients, although vaccination may not reduce the viral load in the upper respiratory tract of patients, it can shorten the time needed to eliminate the virus, effectively reduce the transmissibility of patients, and is conducive to the rapid recovery of COVID-19 patients.

Tian *et al.* [7] pointed out that, compared with patients without vaccination, patients infected with SARS-CoV-2 after vaccination can rapidly produce IgG antibodies at the early stage of the disease. Yang *et al.* [9] also found that the level of IgG antibodies in the enhanced vaccination with booster injection group was higher than in other groups, and the positive IgG rate could reach up to 100%. Our study also confirmed that the positive rate of IgG antibodies was the highest in patients who received booster injections, and this humoral immune response was attributed to the function of the vaccine [8]. Cellular immunity is also an

Figure 3. The association between vaccination status and days of hospitalization in the monocyte ratio subgroup.



The black dotted line represents the fitting line of the number of days in hospital and vaccination; the red line is the 95% confidence interval; the curve was adjusted for gender, age, high blood pressure, cardio-cerebrovascular diseases. **A:** the relationship between vaccination status and the number of days of hospitalization in the population with normal and elevated monocyte ratio. **B:** the subgroup with normal monocyte ratio. **C:** the subgroup with elevated monocyte ratio).

important part of the immune response [31], but the cellular immunity induced by SARS-CoV-2 infection does not necessarily have a protective effect [32]. The pathogenesis of COVID-19 is associated with immune overactivity [33]. As one of the primary immune cells, monocytes have been demonstrated to play an important role in excessive immune response and inflammation, which can lead to cytokine storms and serious clinical symptoms [34,35]. The increase in the monocyte population has been considered a risk factor for disease progression and death caused by COVID-19 [36]. Our research conducted a hierarchical analysis of the monocyte ratio and found that the positive rate of IgG was higher in the population with a normal monocyte ratio at admission (Supplementary Table 1). With the increased vaccination injections, the hospital stay was shortened more significantly in patients with normal monocyte ratio, indicating that patients with an appropriate cellular immune response after SARS-CoV-2 infection have greater vaccine benefits.

Our research still has some limitations. First, this is a retrospective single-center study. There may be bias in the enrollment of patients (for example, the number of patients with 2 vaccine injections is too small). Secondly, we did not subdivide the vaccination time and vaccine type, which may affect the analysis results. Finally, our research population was adults, and the results may not apply to children.

Conclusions

In conclusion, in non-severe COVID-19 adult patients, with the increase of vaccination injections, the days of patients' hospital stay decreases gradually, and the hospital stay was shorter in patients with normal monocyte ratio on admission. It can be seen that for the Omicron variant, COVID-19 vaccine injection is effective for protection, especially with booster injection, which provides valuable information for controlling virus transmission and vaccination policy.

Ethics approval and informed consent

This study was approved by the Institutional Ethics Committee of Wuxi Fifth People's Hospital for retrospective analysis (Lunzi No. 2022-016-1). The data were anonymous, and thus no informed consent was required.

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Availability of data and material

All data generated or analyzed during this study are available from the corresponding author upon reasonable request.

Authors' contributions

Conceptualization, YT and FZ; methodology, JY; software, FZ; validation, XD, JY, YT and FZ; formal analysis, XD; investigation, XD; resources, JY; data curation, XD; writing—original draft preparation, XD and JY; writing—review and editing, YT and FZ; project administration, FZ; funding acquisition, FZ. All authors have read and agreed to the published version of the manuscript.

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Annex – Supplementary Items**Supplementary Table 1.** Comparison of monocyte ratio subgroups general clinical data and laboratory indexes.

Monocyte ratio (%) subgroup	Normal group (≤ 10%)	Elevated group (> 10%)	p value
N	203	165	
Age	47.4 (12.3)	46.5 (11.0)	0.465
Gender			0.281
Female	87 (42.9%)	80 (48.5%)	
Male	116 (57.1%)	85 (51.5%)	
Smoking	44 (21.7%)	32 (19.4%)	0.591
Complications			
High blood pressure	24 (11.8%)	21 (12.7%)	0.792
Diabetes	11 (5.4%)	9 (5.5%)	0.988
Cardio-cerebrovascular diseases	7 (3.5%)	2 (1.2%)	0.195
Chronic liver and kidney diseases/cirrhosis	1 (0.5%)	6 (3.6%)	0.049
Vaccination status			0.803
0-1 injection	12 (5.9%)	12 (7.3%)	
2 injections	27 (13.3%)	24 (14.6%)	
3 injections	164 (80.8%)	129 (78.2%)	
Fever	25 (12.3%)	26 (15.8%)	0.342
Highest body temperature	38.2 (0.6)	38.0 (0.6)	0.187
Typing			0.195
Asymptomatic	196 (96.6%)	163 (98.8%)	
Mild-moderate	7 (3.5%)	2 (1.2%)	
Imaging (pneumonia)	3 (1.5%)	1 (0.6%)	0.631
N gene	29.49 (5.79)	28.84 (5.90)	0.286
ORF gene	28.49 (6.23)	27.61 (5.74)	0.166
IgM			0.382
Negative	198 (97.5%)	163 (98.8%)	
Positive	5 (2.5%)	2 (1.2%)	
IgG			< 0.001
Negative	77 (37.9%)	91 (55.2%)	
Weak positive	27 (13.3%)	27 (16.4%)	
Positive	99 (48.8%)	47 (28.5%)	
Laboratory tests at admission			
white blood cell (10 ⁹ /L)	5.92 (2.04)	4.85 (1.69)	< 0.001
Neutrophil ratio (%)	64.77 (11.55)	57.78 (11.06)	< 0.001
Lymphocyte ratio (%)	25.75 (10.68)	26.60 (9.92)	0.431
Monocyte ratio (%)	7.51 (1.63)	13.81 (3.21)	< 0.001
Neutrophil count (10 ⁹ /L)	3.96 (1.93)	2.90 (1.40)	< 0.001
Lymphocyte count (10 ⁹ /L)	1.41 (0.56)	1.20 (0.44)	< 0.001
Monocyte count (10 ⁹ /L)	0.44 (0.17)	0.66 (0.23)	< 0.001
High-sensitivity C-reactive protein (mg/L)	0.50 (0.50-132.60)	0.50 (0.20-45.60)	0.103
D-dimer (ug/mL)	0.22 (0.22-1.90)	0.23 (0.22-9.30)	0.012
Glutamic pyruvic transaminase (U/L)	19.0 (5.0-145.0)	18.0 (8.0-396.0)	0.709
Glutamic oxaloacetic transaminase (U/L)	20.0 (10.0-144.0)	21.0 (12.0-257.0)	0.095
Days of hospitalization	12.5 (3.4)	13.3 (3.0)	0.012

Results in the table: Mean (SD), Median (Min-Max) / N (%).